

Take a Kid Outdoors, Inc., or TAKO as it is commonly known, started in 2006 at a meeting in the living room of Richard E. "Dick" Jensen of West Union, Iowa. Jensen is considered the organization's founder and is a passionate advocate of all things within nature. Our group promotes unstructured enjoyment of nature. TAKO offers at least one free event per month that engages kids in outdoor fun. The group has sponsored everything from ice fishing, archery and sledding to panning for gold, planting corn and creating art in the park. An important element of the programs is adult involvement. We want the adults to enjoy and become more confident in doing outdoors activities with their kids. TAKO grows the ability of adults as well. Because of our results and great reputation, we were awarded the 2009 Governor's Volunteer Award. Recently, the Iowa DNR chose our organization to lead the state's get outdoor outreach efforts!

THANK YOU SPONSORS!



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Seize The Carp!



Lower City Park - Iowa City, Iowa
July 16th - 2016

FREE EVENT to Explore the Outdoors, Enjoy Nature, Get Active and Healthy!



"Immerse participants in enjoyable activities to develop an attitude of joy, wonder, love and respect for our natural world".

What is TAKO?

In 2006, Dick Jensen from Fayette County, Iowa founded Take a Kid Outdoors, Inc. as a 501(c)(3) non-profit organization. TAKO offers one free event per month promoting unstructured enjoyment of nature.

Who can come to TAKO events?

Everyone! TAKO is for all ages! All events are open to the public. No membership required!

For information on TAKO:

Like us on Facebook at

Take A Kid Outdoors—Iowa
(<https://www.facebook.com/TAKOIowa>)
and
Seize the Carp

<https://www.facebook.com/SeizetheCarpwithTAKO>

Website: www.takeakidoutdoors.org

Schedule of Events

(See next page for details)

- 8:45 - 2:00 PM Registration
- 9:00 - 9:45 AM Breakout Session 1
Yoga for Everybody
Archaeology along the Iowa River
- 9:30—11:45 AM Paddling the Iowa River
Recommended for experienced paddlers only
- 10:00 -11:45 AM Breakout Session 2
Basics of Fishing
Prairie Plants, Trees, Birds & Bees
Raptors of Iowa

11:30 AM - 3:00 PM Exhibitors

Noon -1:30PM Picnic In the Park
Iowa City Rotary AM Club will have food available for purchase or bring your own picnic lunch!

- Entertainment by :
- Family Folk Machine
 - The Skipperlings

1:30—3:00PM Breakout Session 3
Iowa Raptors
Embrace Your Geekness
Native American & Pioneer Games
How to Identify and Clean Carp
Keeping your Dog Safe Outdoors
Let's Eat Carp with Judy!!

3:00PM Closing Remarks

Please **HELP** support **TAKO!**

There will be donation boxes set up around the event as well as a raffle with tons of great prizes to win. So don't forget to bring your dollars.

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be FREE

be WILD

be FEARLESS

Yoga for EveryBody! 9:00 AM - 9:45 AM

Marcie Evans, Serenity Yoga and Pilates Studio, LLC

A breakout yoga session for anyone who may be new to yoga or wants to learn more. Families welcome!

Archaeology Along the Iowa River 9:00 AM - 9:45 AM

Joe Artz, Geoarchaeologist, EarthView Environmental, Inc.

Joe will discuss the archaeology and the landscape of the Iowa River, discussing how it has changed over the last 20,000 years and what vistas the occupants of the area site might have seen from their campsite during the time they lived there. For all ages!

Paddling the Iowa River—Safety 101 9:30 AM - 10:00 AM (Safety Instruction)
10:00 AM - 11:30 AM (On the water)

Kata McCarville, Geologist, Upper Iowa University

Learn how to canoe and kayak safely on the Iowa River. Kata will lead a river and water safety talk prior to paddling on the river

Basics of Fishing 10:00 AM - 10:30 AM

Holly Schulte, Training Specialist, Iowa Department of Natural Resources; Paul Sleeper, Fisheries Biologist Iowa Department of Natural Resources

Holly will cover the basics of fishing such as where to get a fishing license, where to fish, and basic safety. She will also tell the group about information available with the Iowa DNR such as the "First Fish Award"- For all ages! Remember a fishing license is required for anglers 16 years and older. Licenses can be purchased online or at local stores or online. note: fishing poles and bait, along with instructors, will be available throughout the event.

Prairie Plants, Trees, Birds and Bees! 10:30 AM - 11:00 AM

Hannah Howard, Trees Forever

From prairie flowers to our state tree the oak, come discover the amazing, native plants of Iowa. Program will include a fun discussion on Iowa's native prairie plants and end with a tree identification walk around the park. All ages are welcome!

Raptors of Iowa 10:30 AM - 11:00 AM repeated at 11:00- 11:30 AM

Joan Schnabel, Raptology and Luke Hart, RARE

Join Joan, Luke and some of our avian partners to learn about raptors. Find out what people in Iowa City are doing to help injured raptors return to the wild and what you can do to help. (Possible bird guests include Sky RedTail, Mollie Kestrel, Regi Owl and Gonzo Vulture .

Picnic in the Park 12:00 PM - 1:30 PM

Take A Kid Outdoors, Inc.

Come join us for a picnic in the park! Bring your picnic lunch. Food will also be available for purchase. Come out and enjoy the entertainment on stage and feel free to bring a blanket or lawn chairs to sit on. Note: limited shade available so you may want to bring a hat or other.

Family Folk Machine

Family Folk Machine is a local intergenerational choir that sings with a folk band. They will feature river and water songs.

Skipperlings

The Skipperlings are three girls singing in harmony. Their repertoire includes songs on nature and conservation themes.

Native American and Pioneer Games 1:30 PM - 2:00 PM

Cherie Haury-Artz, Archaeologist

Native Americans and the early pioneer settlers did not have stores where they could go to buy toys and games to play with. They still found lots of ways to have fun making toys and games from everyday items that they found around them. We'll have a collection of traditional toys and games such as Ko no na (the Meskwaki Double Ball game)

Embrace your Geekness 1:30-PM-3:00PM

Lana Artz-McComb, Naturalist

Adults gather your kids, come and embrace your geeky side with fun, science related activities. Be prepared to get wet and possible sprayed with bubbles and "washable paint".

Iowa Raptors 1:30 PM - 3:00 PM

Shawn Hawks, Iowa Raptor Project

Shawn will have one or two raptors plus lots of artifacts! He will share his passion for birds and be available for questions.

Keeping Your Dog Safe Outdoors 2:00 PM - 2:30 PM

Dr. Susan Oliver, DVM, Animal Kingdom Veterinary Care Center in North Liberty, and Family Pet Veterinary Clinic in West Branch.

Many dog parents love outdoor adventures with their canine companions. Dogs' eager appreciation of nature's sights, smells and sounds is contagious! But as any seasoned outdoor adventurer knows, it's important to stay safe while you're having fun. Whether you hike through the woods, spend the day at the beach or just take your dog for a jog in the park, proper gear and preparation are essential parts of a well-planned outing. Most dogs are rugged and ready for action—but they're not invulnerable to outdoor dangers. Dr. Susan Oliver will tell us how to keep our dogs safe while exploring the great outdoors! For all ages!

How to Identify and Clean Carp! 1:30 PM - 2:00 PM

Paul Sleeper, Fisheries Biologist Iowa Department of Natural Resources

Participants will learn how to identify invasive carp and why they are a problem for Iowa's waters. Instructions will cover basic equipment, techniques, and hands-on opportunities to try cleaning your own!

Let's Eat Carp with Judy! 2:00 PM - 3:00 PM

Judy Joyce, Executive Director of Take A Kid Outdoors; Brian Davis, Take A Kid Outdoors

We will show you how to take the fish from pond to plate. Judy will demonstrate how to cook it all up into some tasty carp burgers made with a variety of spices. Samples will be available for those interested in trying these tasty bits! For all ages!

Exhibitors

US Army Corps of Engineers - Water Safety and Low Head Dams
Iowa Department of Natural Resources: Fishing Along the Iowa River

Iowa City Fire Department - Fire Truck and safety
City of Coralville Brownfields - Oil spill demonstration

“In order to develop socially, emotionally and cognitively, children need plenty of free, unstructured play - in other words, lots of old-fashioned free playtime.”

- The American Academy of Pediatrics
October 9th, 2006

WHY CARP?



Laugh, It's Funny !! Carp is the SPAM® of Fish!

Concession stand will be OPEN!
Proceeds will go to the Iowa City AM Rotary Club

Registration and Events at the Riverside Festival Stage

Don't Let Fear Keep You Indoors!

Nature has a very positive affect on us as human beings. Kids must have some relationship with the natural world to develop executive function skills; a.k.a. those skills needed to get things done!

Schedule At a Glance

Time	Registration (8:45 AM - 2:00 PM)			
	Exhibitors (11:30 AM - 3:00 PM)			
9:00 AM - 9:45 AM	Yoga for Everybody	Archaeology along the Iowa River		Instruction
10:00 AM	Basics of Fishing			Canoeing Safety 101
10:30 AM	Owls	Prairie Plants, Trees, Birds & Bees		
11:00 AM	Owls			
11:30 AM - 1:30 PM	Picnic In the Park			
1:30 PM	MacBride Raptors	Native American & Pioneer Games	How to Identify and Clean Carp	Embrace Your Geekness
2:00 PM		Keeping your Dog safe Outdoors	Let's Eat Carp with Judy!	
2:30 PM				
3:00 PM	Closing Remarks - Get Outdoors!			

Seize The Carp!
Event Locations

